

Florence Foodies Walk

Starting Time Options: 10.00am- 01.00pm / 03.00pm -06.00pm

Duration of Tour: 3 hours

Includes: Expert local guide & Tastings Availability: Monday to Sunday

Children under 9 years Free / 10-17 25 Euro each

Dates unavailable: 2022 Jan 1, April 17, 18, Aug 12-20, Dec 25 - 26,

Get ready for the **perfect introduction to Florence**. Learn about **local and regional cuisines** while exploring the **city's small alleyways**. Walk through **charming districts**. Stroll around the main squares and sites to arrive at a **local bakery**. Taste a few **sweet delights**. Learn about our **DOP breads** and use of **ancient grains**. Taste focaccia with seasonal toppings like **tomato & artichoke**.

Take a stroll along the **Via dei Tornabuoni**. Meet owner **Alessandro**, he'll welcome you to his farm to table delicatessen just by the Ponte **Vecchio**. Taste charcuterie with **Tuscan Prosciutto, Finocchiona, pecorino cheese, paired perfectly with a glass of Chianti**. Learn all about **Extra Virgin Olive Oil and Balsamic Vinegar**.

Arrive at the **best Gelateria in town**. Owner **Ciro and his family** make these perfect flavors fresh every day **like true artisans**. Continue to a **chocolate store** on the main high street. By the **Duomo Complex** to taste the **delicious chocolates**. Tasting will include the **blood red Sicilian orange rind dipped in dark chocolate**. We will bid farewell with a **glass of Prosecco, truffle panino at a historical wine bar**.

Tasting Includes: Breads with savory toppings, seasonal cake, biscotti, salumi, Tuscan Prosciutto, pecorino cheese, Chianti Wine, Gelato, Chocolate, Prosecco, espresso, Truffle petit panino, balsamic vinegar extra virgin olive oil tastings.

Alternative: Tastings for Vegetarians, Vegans & Gluten Free available

225€ 1 adult x 225€	230€ 2 adults x €115	270€ 3 adults x €90	300€ 4 adults x €75	350€ 5 adults x €70
390€ 6 adults €65	455€ 7 adults €65	480€ 8 adults x €60	540€ 9 adults x €60	600€ 10 adults €60
605€ 11 adults €55	660€ 12 adults €55	715€ 13 adults €55	770€ 14 adults €55	825€ 15 adults €55

Florence Market Tour & Tasting at St Ambrogio

Starting Time: 10.00am - 12.00pm

Duration of Tour: 2 hours

Includes: Expert local guide Availability: Monday to Saturday

Children under 9 years Free / 10-17 25 Euro each

Dates unavailable: Jan 1, April 18, Aug 12-21, Dec 24 - 25

Enjoy a morning walk around the **Sant'Ambrogio markets**. Meet local growers and sample some of their **farm to table products**. Gain insight into **local food** and culture from an **expert local guide**. Sant Ambrogio is a typical market where you will see **locals shopping for daily food**.

See typical stands of **fresh pasta, meats, fish and grains**. Arrive at a **local bakery to taste** warm savory donuts called '**Coccole**' served with **stracchino** creamy cheese and **Tuscan prosciutto**. Tasty **Charcuterie** of Tuscan and Emilian specialites follow. That will include **local Pecorino Cheese and Parmigiano Reggiano** (aged for 36 months). A selection of local salumi that will include **wild boar and finocchiona**. Visit an **artisanal cheese store** owned by a brother/sister duo. Taste artisanal cheeses made with **truffle & goat milk or their 'drunk cheese'** made with **Barolo Wine**.

We'll stop at **Fabio Picchi's organic food store CBIO**. Ending with something sweet at the rooftop garden nursery. See historical **fruit trees** and ancient **aromatic herbs**.

Includes: seasonal sweet and savory products at the bakery, Charcuterie of Tuscan & Emilian salami & Cheese including pecorino, Parmigiano Reggiano 40months, Truffle & Barolo Cheese at small artisan stand, Fruit, espresso, seasonal cake by Fabio Picchi. Alternative: Tastings for Vegetarians, Vegans & Gluten Free available

195€ 1 adult x €195	264€ 2 adults x €132	225€ 3 adults x €75	260€ 4 adults x €65	300€ 5 adults x €60
330€ 6 adults €55	385€ 7 adults x €55	440€ 8 adults x 55€	495€ 9 adults x €55	500€ 10 adults €50
550€ 11 adults €50	480€ 12 adults x €40	520€ 13 adults x €40	560€ 14 adults x €40	600€ 15 adults x €40

San Lorenzo Mercato Centrale Food Lovers Tour

Starting Time Options: 11.30am, 12.30pm, 01.00pm

Duration of Tour: 2 hours

Includes: Local Guide & Tastings

Availability: Monday to Saturday

Children under 9 years Free / 10-17 25 Euro each

Dates unavailable: Jan 1, April 18, Aug 12-20, Dec 25,

Arrive at the **indoor market of San Lorenzo** for a stop at the oldest street food stand in the market that sells typical **Tuscan street food**. Taste **roast pork panini** known as '**porchetta**' with a glass of red wine. Continue on to see the growers market area including the **butchers and fish mongers**. Taste freshly **baked Biscotti** served with a taste of **vin santo**.

See the **Pasta Fresca** stand, owners **Federico and Nicola's passion** for making **pasta came from their grandparents**. You can see the machines making fresh pasta prepared daily for top restaurants in Florence and for locals. Enjoy the local ravioli with **spinach and ricotta and Parmigiano**. Sip on a glass of Italian craft beer made with top local ingredients of **malt, barley and spelt**.

Arrive at the top floor of the **Mercato Centrale** to see a celebration of gourmet regional, national and international stands. We'll enjoy chocolates at **Christian Beduschi's** Chocolate and Gelato Stand, **David Bedu's** **savory** and sweet breads along with **Carmelo Pannocchietti's** stand of Sicilian specialties to taste fresh cannoli. As we leave the **district of San Lorenzo** we will stop in to see **Gianni** for a glass of **orange wine** or rose with his **bite sized truffle or hand cut prosciutto** crostini.

Tasting Includes: Roast Pork Sandwich, wine, biscotti with dessert wine vino santo tasting, handmade ravioli, craft beer, chocolate, cannoli, crostini, Alternative: Tastings for Vegetarians, Vegans & Gluten Free available

€240 1 adult x €240	€240 2 adults x €120	285€ 3 adults x €95	380€ 4 adults x €95	475€ 5 adults x €95
€420 6 adults €70	490€ 7 adults x €70	560€ 8 adults x €70	585€ 9 adults x €65	650€ 10 adults €65
715€ 11 adults €65	780€ 12 adults x €65	845€ 13 adults x €65	910€ 14 adults x €65	975€ 15 adults x €65

Florence Aperitivo Time Walking Tour

Starting Time Options: 05.00pm - 05.45pm

Duration of Tour: 3 hours

Includes: Expert local guide & Tastings

Availability: Monday to Sunday

Dates unavailable: Jan 1-2, Aug 12-20, Dec 25, 31

Enjoy a **late afternoon stroll** around town to learn about the '**Aperitivo**'. Stop at a local wine bar. Taste a **charcuterie platter** that will **pair perfectly** with the **wines of Tuscany**. Learn all about our Regional Grape Varietals **Sangiovese, Vernaccia and Vermentino**. Discover a **french varietal** that is actually considered to be **an original appellation** thanks to **Maria dei Medici**.

We will pass by **private palaces** to check out a few **wine windows**. This was where you could buy take away your **Chianti wine after hours centuries ago!**

Continue to our second stop to **savor Italian - mixology and enjoy a cocktail**. You can taste **Florence's signature cocktail** invented for **Count Camillo Negroni 100 years ago!** All tastings served with local snacks.

Includes: 2 glasses of wine, 1 cocktail, with Tuscan snacks. Tastings for Vegetarians, Vegans & Gluten Free available*

270€ 1 adult x €270	270€ 2 adults x €135	330€ 3 adults x €110	400€ 4 adults x €100	450€ 5 adults x €90
540€ 6 adults €90	595€ 7 adults x €85	640€ 8 adults x 80€	720€ 9 adults x €80	800€ 10 adults €80
770€ 11 adults €70	840€ 12 adults x €70	910€ 13 adults x €70	980€ 14 adults x €70	1050€ 15 adults x €70